

## A typical day in Ladybirds...

### 7:45 - 8:45

Each child is welcomed into nursery with a smile and a cuddle. Staff discuss children's wellbeing with their parents and ensure that children are settled. Breakfast begins with Weetabix, porridge or toast on the menu!

### 8:45 - 10:00

Our babies have a wide variety of toys available for their free play time which is combined with lots of craft activities, messy play and nappy changing. There are lots of books on offer as well as singing with the grownups and a quiet place for a rest if needed! Staff take the babies outside; either in the baby garden or for a walk around the village in our 4-seater pushchairs.

### 10:00 - 10:30

Snack time! Fresh fruit for those that would like it, as well as a cup (or bottle) of milk or water.

### 10:30 - 12:00

Lots more free play for those that aren't napping in our cosy sleep room. Singing time before lunch and a chance to meet up with the other rooms, especially the Bumblebees, for some singing and music time. Also time for another nappy time!

### 12:00

Lunch time!! Children enjoy a delicious home cooked meal while sitting in a family group setting around the table. Older babies are encouraged to feed themselves and staff support this while encouraging early table manners.

### 12:30 - 2:00

Toys are changed to provide stimulation for non-moving babies and we have more opportunity for free play. Those that need a sleep are settled in a cot with any comforters they may have.

### 2:00 - 2:30

After all that playing and sleeping it's time for an afternoon snack - a nice cup (or bottle) of milk!

### 2:30 - 4:00

Another opportunity to investigate the outside area for those that aren't sleeping. Free play is set up inside with more stories, singing and physical play!

### 4:00

Tea time!! A cooked meal for the babies to enjoy gathered around the table.

### 4:30 - 6:00

After tea it's time to wind down and get ready to go home. Staff hand over to the mummies and daddies about the babies day and all the exciting things they have done.